

# Untouched piece of freedom

### Trekking Duration: 11 days Season: July – September



This is a truly uninhabited region with no fixed settlements. You will enjoy the peace and quiet of the wild, snow-covered mountains, where it is possible to enjoy the hot sun by day and a cool mountain breeze at night, whilst breathing the fragrant scent of pine trees.

Whilst travelling here you will become stronger, healthier and full of the joys of life. Trekking road goes along to the beautiful Juuku gorge up to the alpine meadows, crossing the Juuku Chak pass you will enter the Sarychat Irtash National reserve, the piece of untouched land.

## Itinerary

- **Day 1** Arrival in Bishkek. Transfer to a hotel. City tour in the afternoon. Accommodation in the hotel.
- **Day 2** Transfer to Karakol along the North shore of Issyk-Kul Lake (420 km). Excursion to the Open Air museum of petroglyphs in Cholpon-Ata on the way. Dinner in Uigur family. Overnight stay in a private guesthouse.
- **Day 3** Breakfast. Transfer from the Karakol to the start point of the trek to Djuuka gorge. Half day trekking. Picnic for lunch. Overnight in the tent.
- **Day 4** Breakfast. Trekking to the foot of Djuuku-Chak Pass along the Djukku-Chak gorge (6-7 hours). On the way you can visit local shepherds. Overnight in the tent camp
- **Day 5** Breakfast. Trekking up to the Djuuku-Chak Pass. From here there is a magnificent view of the glacier. It is possible to set up transecta (photo hunting for the animals) on the way. From the Pass you will have an excellent view of the five thousand mountain peaks of Terskey Ala-Too. Lunch on the way. You will cross meadows covered with different plants. These meadows lead you to the Sarychat Irtash Reserve where you will set up the tent camp
- **Day 6** Breakfast. Trekking along the National reserve. Observe the animals on the way, it is possible to see the various animals, populated this region: mountain goads, wild rams (arhars), berkuts, ibex and marmots. An excursion to the lakes the source of the rivers. The lake is a magnificent spectacle in the bright sunshine. It looks like a sapphire set amongst a vast array of silver, snow-covered mountains. Overnight in the tent.
- **Day 7** Observe the animals in the same area. Overnight in the tent.
- **Day 8** Breakfast. Trekking toward to Toragay river along the Kara-Say jailoo (summer pasture). The path passes through alpine meadows where, in summer, local people live with their families. Lunch. Overnight in the tent.
- **Day 9** Breakfast. Meeting with the car. Transfer to Tamga village via Barskoon gorge. Cross the Sook pass on the way. Accommodation and dinner in the Tamga guesthouse.
- **Day 10** Breakfast. Free time in the morning. You can relax and swim on the lake. Transfer to Bishkek along the southern shore of Issyk-Kul lake. Lunch. On the way you will visit the Burana Tower (11th century) the remains of Karakhanid's empire in Central Asia. Dinner and accommodation in the hotel.
- Day 11 Transfer to the airport early in the morning. Flight home

#### Adventure tours in Kyrgyzstan



# Map of tour



Level of difficulty: This tour is recommended for people with an average level of fitness and experience in hiking, because sometimes they must walk for 5-6 hours per day.

<u>Conditions:</u> It is necessary to bring a sleeping bag, warm clothes and trekking boots. If you have some specific sicknesses you need to bring own first aid kit with necessary medicaments.

*Tour combination:* This tour can be combined with the other tours in Kyrgyzstan offered by NoviNomad

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