

Over the Kyrgyz Range

Trekking Duration: 10 Days Season: June - September



Kyrgyz Ala-Too – this mountain range is situated just south the capital city of Bishkek in the north of Kyrgyzstan and the views from the city itself are absolutely stunning and form a backdrop probably unequalled anywhere in the world. Just a 40-minute drive from Bishkek is the Ala-Archa National Park, which with its Alamedin Canyon provides plenty of trekking opportunities. There are several Gorges in the range including Sokuluk, Chon-Aryk, Yssuk-Ata, Kegety and offering a wide range of picturesque itineraries and leading into.

Itinerary

- **Day 1** Arrival to Bishkek. Transfer to hotel. Rest. The panorama of a city with a backdrop of the majestic snow-covered Ala-Too Mountains will await you during your excursion around the city in the afternoon. Overnight in hotel.
- **Day 2** Transfer to Kochkor (150 km). Visit a felt carpet workshop on the way, where you can not only buy souvenirs but also, produce them yourself. You will test a traditional Kyrgyz food "Besh-Parmak" during the lunch. Free time in the afternoon. Family run accommodation.
- **Day 3** Hiking to the Kolokok Lake (4-5 hours). Accommodation in a yurta (this is the traditional home of the nomadic shepherds).
- Day 4 Free time in the morning. Walking down to Kochkor (4 hours). Family run accommodation.
- **Day 5** Transfer to the Saryla-Saz Jailoo (50 km). Free time in the afternoon for walking. Accommodation in the yurta with shepherds. Here you can feel a real atmosphere of shepherds' way of life.
- Day 6 Trek to the Gorge Shamsi (6-7 hours). Crossing the Pass Shamsi (3700 m). Overnight in tents.
- **Day 7** Trek to the Valley Kul-Tor (6-7 hors). You will cross a Pass (3610 m above sea level) during the day. Overnight in tents.
- Day 8 Trek down to the Shamsi Village (4-5 hours). Transfer to Issyk-Kul (230 km). Overnight in hotel.
- Day 9 Free time. Transfer back to Bishkek late in the afternoon. Overnight in hotel.
- Day 10 Transfer to the airport. Fly home.
- <u>Level of difficulty:</u> This tour is recommended for people with hiking experience. You should have knowledge of trekking by stones in some places. Hiking time is approximately 5-7 hours per day.
- <u>Conditions:</u> If you have some specific sicknesses you need to bring own first aid kit with necessary medicaments.

Tour combination: This tour can be combined with the other tours in Kyrgyzstan offered by NoviNomad.



Map of tour



Adventure tours in Kyrgyzstan