

The last lake - Son Kul

Trekking Duration: 11 Days Season: end of June - middle of September



It is one of the loveliest spots in Kyrgyzstan; surrounded by alternating white peaks. Staying on the shore you can easily count the sheep on the opposite side of the lake. The lake's color changes from violet to dark blue to pink, depending on the time of day and the weather. The road to Song Kul winds through mountainous terrain until it seems to disappear into the skies. This is probably why Song Kul is translated from Kyrgyz as the last lake. There is a lot of legends about the lake.

Itinerary

- **Day 1** Arrival in Bishkek early in the morning. Transfer to a hotel. Rest. Lunch in a local restaurant.City tour in the afternoon including The Museum of Fine Arts and a Bazaar. Overnight stay in the hotel.
- **Day 2** Breakfast. Transfer to Kochkor village (270 km). You will test a traditional Kyrgyz food "Besh-Parmak" during the dinner. Family run accommodation.
- **Day 3** Breakfast. Visit the felt carpet workshop, where you can not only buy souvenirs but, produce them yourself. Transfer to Son-Kul lake (130 km). It is the highest lake in Kyrgyzstan, which located at the altitude of 3030 m above sea level. It is an unsalted lake with different kinds of fishes, surrounded by the Great mountains. Picnic for lunch. Accommodation and dinner in the yurta camp .
- **Day 4** Breakfast. Full day in Son-Kul. You will have time to enjoy with the amazing scenery of this place: edelweiss carpet, beautiful mountains and lake. There are a lot of shepherd's with their sheeps and horses who came with their families to jailoos for summer time. You will have a chance to visit one of the shepherd's families where you will be accepted as an honor guest. You may go for horseback riding or visit shephers and taste a national Kyrgyz drink "kymyz", made of mare's milk. Overnight stay in the yurta camp .
- **Day 5** Transfer to the south shore of Song-Kul lake to the start point of the trek. Rest in the place with name "Jyldyz-Kol". Overnight in tents .
- **Days 6-7** A 2-day's trekking through the Moldo Too mountain range takes you along a trail used by ancient nomads. The path goes through valleys and passes from 3400 m to 3700 m above sea level, through flower-covered meadows and mountains inhabited by Lammergeyer vultures, where herds of horses, cows and sheep graze around the yurtas of people who spend their summer on the jailoos. (Trekking time is 4-5 hours every day). Overnight in tents .
- **Day 8** Half a day riding to the Ak-Kuduk Village (2-3 hours). After the trek transfer to Naryn (70 km). Family run accommodation in Naryn (1900 m above sea llevel) .
- **Day 9** Breakfast. Transfer to Tamchy village on the northern shore of Issyk-Kul lake. Lunch on the way. Relax on the beach of the Lake. Accommodation in the hotel on the North shore of Issyk-Kul lake .
- **Day 10** Breakfast. Transfer to Bishkek (250 km). You have an excursion on the way to Burana Tower (11th century) the remains of Karakhanid's empire in Central Asia and an Open Air museum of stone inscription. Picnic for lunch. Dinner in a restaurant with Kyrgyz folklore program. Overnight stay in the hotel.
- Day 11 Transfer to the airport. Flight home .



Map of tour



- <u>Level of difficulty:</u> This tour is recommended for people with a simple hiking experience. Hiking time is approximately 5-7 hours per day.
- <u>*Conditions:*</u> If you have some specific sicknesses you need to bring own first aid kit with necessary medicaments.

Tour combination: This tour can be combined with the other tours offered by NoviNomad.