

Kyrgyzstan –the land of nomads Multi tour trekking, rafting, biking and horse riding Duration: 12 days Season: July - middle of September Destination: Kyrgyzstan



## Itinerary

- **Day 1** Meeting at the airport «Manas» in the morning. Transfer to the hotel. Rest in the hotel till 10:00 PM. A short city tour around the centre of Bishkek. Lunch. Accommodation in the hotel «Asia Mountains».
- **Day 2** Transfer to Chon-Kemin (190 km). Visiting Burana tower on the way. There you will see the ruines of the Karakhanide city Balasagun. You will see the minaret (11th century), from the top of it (25 m high) you can see a beautiful view of this region. After arrival in Chon-Kemin accommodation in the "Ashuu" guesthouse. Dinner and overnight in the Guesthouse.
- **Day 3** Full day in the village. Optionally Horseback riding in Chon-Kemin gorge or Rafting in the Chon-Kemin River. Accommodation and diner in the Guesthouse .
- **Day 4** Trekking to the foot of the mountain (about 5 hours). The road goes through the Raspberry gorge. Picnic for lunch on the way. Overnight in the tents .
- **Day 5** Trekking toward to Balykchiy over the Kalmak-Ashu pass on the way. Picnic for lunch. Trekking down the gorge. In the end of trek you will continue trip by minibus to Balykchy village (10km). Transfer to Kochkor village (56 km). Family run accommodation in Kochkor .
- **Day 6** This day you have to options you can bike from Kochkor to Son-Kul (120 km) or you can Ride a horse from Kyzyl-Art to Song-Kul. Picnic for lunch. Overnight stay in tents.
- **Day 7** Continuing Biking tour or horse riding (120 km) to Song-Kul. Picnic for lunch. This day you will cross Kalmak-Ashu Pass (3030 m). Arriving to the Yurta camp. Accommodation and dinner in the yurta camp .
- **Days 8-9**Two days in Song-Kul lake. You will have time to enjoy the amazing scenery of this place: edelweiss carpet, beautiful mountains and lake. There are a lot of shepherd's with their sheep and horses who came with their families to jailoos for summer time. You will have a chance to visit one of the shepherd's families where you will be accepted as an honored guest. You may visit shephers and taste a national kyrgyz drink "kymyz", made of mare's milk. Transfer to Issyk-Kul Lake to Tamchi village (219km). Visit the felt carpet workshop, where you can not only buy souvenirs but produce them yourself. in the afternoon of the second day. Dinner and accommodation in the family.
- **Day 10** Full day in the village. You will taste a traditional kyrgyz food called "Besh-Barmak". Relax on the beachs of the Issyk-Kul lake. Dinner and overnight in family run accommodation in Tamchy.
- **Day 11** Breakfast. Half a day on the shore of Issyk-Kul lake (swimming, having a rest). Lunch. Transfer to Bishkek (243km). Dinner in the local restaurant with the dancing music. Farewell dinner. Accommodation in the hotel.
- Day 12 Transfer to the airport. Fly home.

<u>Level of difficulty:</u> <u>Level of difficulty:</u> This tour is recommended for all people with the hiking experience by mountain roads (approximately 5-8 hours per day).

<u>Conditions:</u> It is necessary to bring warm clothes, sleeping bags and trekking boots.

## Adventure tours in Kyrgyzstan



