

Multi-ethnic Kyrgyzstan

Cultural Tour Duration: 9 Days Season: All year



Kyrgyzstan is a really multi-ethnic country with more than 80 nationalities living together. During this trip you will see the lifestyles of different nationalities in Kyrgyzstan. Each day you will share in the life of a family from a different ethnic background — cook different food and participate in a cultural program, listen to stories of Manaschy who sing about the epic hero of the Kyrgyz people, Manas. Make your own traditional Kyrgyz carpet and sing songs of different nationalities. The fresh air of the Ala-Too Mountains will give you energy for a long time. The beautiful scenery of the mountains and Lake Issyk-Kul and the traditional hospitality of the Kyrgyz people will make an indelible impression upon you.

Itinerary

- **Day 1** Arrive in Bishkek. Accommodation in a hotel. City tour in the afternoon.
- Day 2 Departure to Karakol (400 km). On the way to Issyk-Kul Lake we will visit the "Petroglyphs" Open Air Museum. Arrive in Karakol and take up accommodation with different families (Kyrgyz, Russian, Uigur, Tartar and Dungan).
- Day 3 City tour around Karakol, starting with the N. Prjgevalski Museum. Prjgevalski was a famous Russian traveler. You will visit a real Eastern Bazaar with different things and goods. 2 religious places the wooden Russian Orthodox Church and the Chinese-style Muslim Mosque. Cook supper in a Russian family and enjoy a real Russian folk program during supper.
- **Day 4** Change families. Visit a handicraft workshop, where you will have the chance not only to see the process of making a traditional Kyrgyz Alagiiz carpet, but make a smaller one yourself. After lunch you will cook Tartar food and have supper with a Tatar family.
- **Day 5** Excursion by car to the Jety-Oguz Gorge (40km). Transfer back to Karakol in the afternoon. (*Option for summer time: Overnight stay in a yurta camp in Jety-Oguz*). Cook Kyrgyz food and have supper with a Kyrgyz family accompanied by a performance by a traditional epic "Manaschy" singer. Family run accommodation.
- **Day 6** Change families. Excursion on horseback in the Jety-Oguz Gorge will take 3-4 hours. You will travel along a mountain river and through a forest. After lunch you will come back to Karakol and participate in cooking Dungan food.
- **Day 7** Change families. Excursion by car to spa Altyn-Arashan Mountain (altitude 2350 m) Wild scenery and on to a hot mineral water swimming pool. Supper will be with an Uigur family and you will see traditional Uigur dances.
- **Day 8** Depart for Bishkek along the southern shore of Issyk-Kul Lake. Visit the Barskoon Gorge with its 3-cascade waterfall. Arrive in Bishkek. Overnight stay in the hotel.
- Day 9 Fly home.

Level of difficulty: This tour is suitable for both children and adults.

<u>Conditions:</u> If you have some specific sicknesses you need to bring own first aid kit with necessary

medicaments.

Tour combination: This tour can be combined with the other tours in Kyrgyzstan offered by NoviNomad.



Map of tour

